



## COURSE OUTLINE: PNG238 - NURSING THEORY III

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Approved: Bob Chapman, Chair, Health

<b>Course Code: Title</b>	PNG238: NURSING THEORY III
<b>Program Number: Name</b>	3024: PRACTICAL NURSING
<b>Department:</b>	PRACTICAL NURSING
<b>Semesters/Terms:</b>	19F
<b>Course Description:</b>	<p>This course will focus on assisting the learner to develop a holistic approach to nursing when providing compassionate and culturally safe client care. The learner will gain an understanding of the planning and adapting practice in response to the spiritual beliefs and cultural practices of the client. The learner will gain insight to the importance of supporting clients through informed decision making. A variety of approaches will be utilized and critical thinking strategies will be emphasized as the learner explores the care of individuals, families and/or groups experiencing or predisposed to acute physical and mental health challenges in a variety of life situations.</p> <p>The use of research-based evidence and BPG (Best Practice Guidelines) to support learning and collaborative decision making will be utilized. The learner will be provided the opportunity to demonstrate the use of critical inquiry to support professional judgment and evidenced informed decision making.</p>
<b>Total Credits:</b>	4
<b>Hours/Week:</b>	4
<b>Total Hours:</b>	60
<b>Prerequisites:</b>	PNG111, PNG121, PNG127, PNG130, PNG131, PSY120
<b>Corequisites:</b>	PNG233, PNG234, PNG236
<b>This course is a pre-requisite for:</b>	PNG250, PNG252, PNG253
<b>Vocational Learning Outcomes (VLO's) addressed in this course:</b>	<p><b>3024 - PRACTICAL NURSING</b></p> <p>VLO 1 Communicate therapeutically with clients and members of the health care team.</p> <p>VLO 2 Assess clients across the life span, in a systematic and holistic manner.</p> <p>VLO 3 Plan safe and competent nursing care, based upon a thorough analysis of available data and evidence-informed practice guidelines.</p> <p>VLO 4 Select and perform nursing interventions using clinical judgment, in collaboration with the client and, where appropriate, the health care team, that promote health and well-being, prevent disease and injury, maintain and/or restore health, promote rehabilitation, and/or provide palliation.</p> <p>VLO 5 Evaluate the outcomes resulting from all interventions in the nurse-client interaction and modify the plan of care as required.</p> <p>VLO 6 Act equitably and justly with clients and members of the health care team.</p> <p>VLO 9 Practise in a self-regulated, professional and ethical manner, complying with relevant legislation and with the standards of both the regulatory body and the practice setting to provide safe and competent client care.</p>
<b>Please refer to program web page for a complete listing of program outcomes where applicable.</b>	



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**Essential Employability Skills (EES) addressed in this course:**

- EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.
- EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.
- EES 4 Apply a systematic approach to solve problems.
- EES 5 Use a variety of thinking skills to anticipate and solve problems.
- EES 6 Locate, select, organize, and document information using appropriate technology and information systems.
- EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.
- EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.
- EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
- EES 10 Manage the use of time and other resources to complete projects.
- EES 11 Take responsibility for ones own actions, decisions, and consequences.

**Course Evaluation:**

Passing Grade: 60%, C

**Other Course Evaluation & Assessment Requirements:**

College of Nurses of Ontario (CNO) Registered Practical Nurse (RPN) Entry-to-Practice Competencies (ETPs)  
5, 8, 9, 11, 14, 16, 20, 21, 24, 25, 26, 28, 33, 34, 39, 42, 43, 45, 56, 63, 69, 70

**Books and Required Resources:**

Medical-Surgical Nursing in Canada by Lewis  
Publisher: Elsevier Canada Edition: 4th  
ISBN: 9781771720489  
bundled with Elsevier Adaptive Quizzing for Lewis: Medical-Surgical Nursing in Canada

Assessment and Management of Pain (Third Edition) by Registered Nurses Association of Ontario  
Publisher: RNAO  
<https://rnao.ca/bpg/guidelines/assessment-and-management-pain>

Prevention of Constipation in the Older Adult Population by Registered Nurses Association of Ontario  
Publisher: RNAO  
<https://rnao.ca/bpg/guidelines/prevention-constipation-older-adult-population>

Health Inequities and Social Determinants of Aboriginal Peoples` Health by Reading, C. & Wein, F.  
Publisher: National Collaborating Centre for Aboriginal Health  
ISBN: 12509605250  
<https://www.ccnca-nccah.ca/docs/determinants/RPT-HealthInequalities-Reading-Wien-EN.pdf>

**Course Outcomes and Learning Objectives:**

Course Outcome 1	Learning Objectives for Course Outcome 1
1. Describe the response of the individual to each stage of illness. CNO RPN ETP 5, 8, 9, 21, 24, 25, 69.	1.1 Research stages of illness. 1.2 Define sick role and adaption to the spiritual beliefs and cultural practices of the client. 1.3 Participate in class activities pertaining to the impact of illness and supporting clients in making informed decisions about their health and respect of their decisions. 1.4 Examine the theories of self-concept including, identity,



	<p>body image, self-esteem and roles.</p> <p>1.5 Describe coping mechanisms used by individuals and families experiencing an acute health challenge.</p> <p>1.6 Explore the Three Factor Frame Work when providing nursing care and management of the client during the preoperative, intraoperative, and postoperative phase.</p>
<b>Course Outcome 2</b>	<b>Learning Objectives for Course Outcome 2</b>
<p>2. Utilize critical thinking strategies when assessing and implementing nursing care for individuals, families and groups experiencing or predisposed to common acute health challenges. CNO RPN ETP 42, 43, 45, 56.</p>	<p>2.1 Assess risk factors and safety issues that predispose members of a population to develop common acute health challenges.</p> <p>2.2 Determine the stage of illness being experienced.</p> <p>2.3 Explain various types of acute health challenges and acute exacerbation of chronic health challenges associated with various systems including:  Neurological: transient ischemic attack, cerebral vascular accident, head injury, spinal cord injury  Cardiovascular: coronary artery disease, angina, myocardial infarction, hypertension, shock, peripheral arterial and venous disease, heart failure, atrial fibrillation  Respiratory: upper and lower respiratory infections (respiratory syncytial virus, rhinitis, sinusitis, pharyngitis, tonsillitis, pneumonia), chest trauma  Gastrointestinal: bowel obstruction, pancreatitis, appendicitis, cholecystitis  Genitourinary: renal calculi, renal failure  Reproductive: endometriosis, benign prostatic hypertrophy, infertility, complications of pregnancy (hyperemesis gravidarum, placenta previa, abruption placenta, ectopic pregnancy, abortion, pregnancy induced hypertension)  Musculoskeletal: fractures  Fluid, Electrolyte, or Acid-Base Balance: deficient fluid volume, fluid volume excess, sodium imbalance, potassium imbalance, calcium imbalance, magnesium imbalance, phosphorus imbalance, metabolic acidosis, metabolic alkalosis, respiratory acidosis, respiratory alkalosis  Integumentary: burns  Mental Health: psychosocial challenges, anxiety, crisis</p> <p>2.4 Explore client and family perception of the illness and the impact of the illness and collaborating on proposed treatment plan that supports client's choices and preferences.</p> <p>2.5 Identify possible client stressors and their available support systems, (financial, emotional, psychological, social, religious) as they deal with the impact of an acute health care problem.</p> <p>2.6 Assess client and family's knowledge of the acute health challenge.</p> <p>2.7 Establish client's cultural background and their knowledge and belief system.</p> <p>2.8 Determine client's developmental stage and lifestyle.</p> <p>2.9 Ascertain client's coexisting medical conditions and medication regime.</p>
<b>Course Outcome 3</b>	<b>Learning Objectives for Course Outcome 3</b>
<p>3. Plan interventions based on assessments, goals and</p>	<p>3.1 Collaborate with client, family and health team members to integrate evidenced based practice when developing a plan of</p>

	<p>expected outcomes of individual, families and groups experiencing or predisposed to common acute health challenges. CNO RPN ETP 16, 7, 26, 63, 70.</p>	<p>care.</p> <p>3.2 Integrate knowledge of pathophysiology, principles of teaching and learning, medications, diagnostic tests, and current trends in nursing and medicine when planning basic to advanced nursing care for client.</p> <p>3.3 Incorporate knowledge of cultural background, values and beliefs, developmental stage and lifestyle into the client care plan.</p> <p>3.4 Explore current evidence-based practice when applying the nursing process to clients and families experiencing an acute or exacerbation of a chronic health challenge.</p> <p>3.5 Consider the determinants of health and vulnerable populations when applying the nursing process to clients and families experiencing an acute health challenge or exacerbation of a chronic health challenge.</p>
	<p><b>Course Outcome 4</b></p> <p>4. Explore caring strategies, to promote coping by the individual, family or group with an acute health challenge. CNO RPN ETP 27, 28, 33, 34, 70.</p>	<p><b>Learning Objectives for Course Outcome 4</b></p> <p>4.1 Appraise client and family concerns.</p> <p>4.2 Identify advocacy issues and follow-up as required/requested by client and/or family while adhering to the duty to provide care.</p> <p>4.3 Support clients and families to identify appropriate resources within the community.</p> <p>4.4 Plan nursing interventions collaboratively with client and family.</p> <p>4.5 Examine approaches for working with clients to ensure, confidentiality and cultural safety and sensitivity.</p> <p>4.6 Responding to the client's right to healthcare information in adherence with PHIPPA.</p>

**Evaluation Process and Grading System:**

Evaluation Type	Evaluation Weight
Complications of Pregnancy Quiz	5%
Final Exam	40%
Mid-term	35%
Perioperative Quiz	5%
Reflective Case Study Submissions	15%

**Date:** August 1, 2019

**Addendum:** Please refer to the course outline addendum on the Learning Management System for further information.